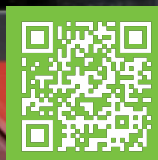


Bachelor • Lisboa

NUTRITION SCIENCES



Direction

Emilia Borba Alves
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Secretariat

Marisa Paiva
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Duration

4 Years

Credits

240 ects

Exams

Have one of the following sets:

- 02 Biologia e Geologia and 16 Matemática
- 02 Biologia e Geologia and 18 Português
- 02 Biologia e Geologia and 07 Física e Química
- 02 Biologia e Geologia and 04 Economia
- 02 Biologia e Geologia and 06 Filosofia
- 02 Biologia e Geologia and 09 Geografia

Presentation

Nutrition Sciences is an area with a significant impact on human health. A healthy dietary pattern is essential for promoting health and preventing various pathologies. The evidence showing a link between diet, dietary and nutritional imbalances, and some chronic diseases with a higher morbidity and mortality rate, such as cardiovascular diseases, diabetes, and some types of cancer, is increasingly solid and relevant. Lusófona University's Degree in Nutrition Sciences contributes to training nutritionists with the latest scientific knowledge, enabling them to practice professionally in all areas of human food and nutrition. Lusófona University's Degree in Nutrition Sciences is distinguished by its strong clinical teaching, since students have the opportunity to witness the clinical practice of a Nutritionist in a real-life context from early on in their learning, due to the NutriAção program. In addition, Lusófona University's Degree in Nutrition Sciences is a course that stands out for its practice and scientific evidence, as students develop various research projects in their areas of interest in nutrition and food, very early on in their training. Students are encouraged to publish their projects, so that they have contact with all aspects of scientific research.

STUDY PLAN

1st Year / Common Core

1º Semestre	ects	2º Semestre	ects
Biostatistics	4	Assessment Methodologies of Food Intake	5.5
Cell Biology	5.5	Biochemistry I	5
English	4.5	Functional Anatomy II	5.5
Functional Anatomy I	5.5	General Microbiology	5.5
General Biochemistry	5.5	Genetics	4
Health and Contemporary Culture History	5	Professional Deontology	4.5

2nd Year / Common Core

1º Semestre	ects	2º Semestre	ects
Biochemistry II	5	Assessment Methodologies of Nutritional Status	4.5
Bromatology	6	Computer Science	4
Human Feeding and Nutrition	6.5	Human Feeding and Nutrition	7.5
Microbiology of Foods	5	Immunology	5.5
Physiology I	4	Pharmacology	4
Psychology	3.5	Physiology II	4.5

3rd Year / Common Core

1º Semestre	ects	2º Semestre	ects
Diotherapy I	7	Collective Feeding and Management	5.5
Food Technology	6	Diotherapy II	7
Food Toxicology	4	Food and Nutrition Policy	4
Gastrotechny	4	Nutrition and Sport	3.5
Hygiene and Food Safety	4.5	Nutrition in Communities	3.5
Pathology of Nutrition	4.5	Project I	6.5

4th Year / Common Core

1º Semestre	ects	2º Semestre	ects
Diotherapy III	8	Traineeship	30
Geriatric Nutrition	3.5		
Molecular Nutrition	3.5		
Nutrition in Childhood and Adolescence	3.5		
Nutritional Epidemiology and Public Health	5.5		
Project II	6		

Linha direta
para o teu futuro



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