

### **Direction**

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#### Secretariat

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**Duration** Credits

2 Years 120 ects

#### Presentation

The Master's course in Clinical and Health Psychology at Universidade Lusófona de Lisboa is intended for students who have completed the 1st cycle in Psychology. The 2nd cycle of studies is characterized by theoretical and practical training aimed at acquiring knowledge and skills in the field of mental health and also the psychological dimensions associated with physical health. In addition, it is intended that students acquire research skills that allow them to act according to models based on empirical evidence. Training in this cycle of studies is provided by emphasizing the ethical and deontological principles that guide the psychologist's activity in the contexts of practice and research in clinical and health psychology.





## **STUDY PLAN**

### 1st Year / Common Core

1º Semestre	ects	2° Semestre	ects
Case Studies	5	Cognitive-Behavioral Model of Clinical	
Clinical Intervention in Groups and the		Intervention	5
Community	5	Dissertation Project in Clinical and Health	
Cognitive-Behavioral Model of Clinical		Psychology	5
Assessment	5	Family Intervention	5
Health Psychology I - Health Promotion	5	Health Psychology II - Assessment and	
Research Methods in Clinical and Health		Intervention in Illness	5
Pyschology I	5	Option	5
Transdiagnostic Approach to Psychopathology	5	Research Methods in Clinical and Health	
		Pyschology II	5

# 2nd Year / Common Core

Anual	ects
Internship in Clinical and Health Psychology	30
Scientific Dissertation in Clinical and Health Psychology	30















