

**Masters • Lisboa**

# CLINICAL NUTRITION



## Direction

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## Secretariat

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## Duration

2 Years

## Credits

120 ects

## Presentation

Clinical Nutrition is the area of nutrition that focuses on the application of nutritional and dietary principles in the context of caring for individuals, especially those with specific health conditions. With the increase in the prevalence and incidence of diet-related pathologies, Lusófona University's Master's in Clinical Nutrition focuses on the postgraduate training of professionals who will play a fundamental role in optimising health, preventing or treating pathologies and improving quality of life through food, always in accordance with the latest clinical guidelines.

# STUDY PLAN

## 1st Year / Common Core

1º Semestre	ects	2º Semestre	ects
Food Safety and Toxicology	4	Innovation in Nutritional Intervention	6
Nutritional Assessment and Diagnosis	8	Nutritional Support	6
Pathology and Nutritional Intervention I	9	Option	4
Psychology and Eating Behavior	4	Pathology and Nutritional Intervention II	9
Research Methodology I	5	Research Methodologies II	5

## 2nd Year / Common Core

Anual	ects
Dissertation	60

Linha direta  
para o teu futuro



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