

**Open Courses • Porto**

# **NEW METHODOLOGICAL PRACTICES IN THE DEVELOPMENT OF CONTEMPORARY FOOTBALLERS**



## **Direction**

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## **Secretariat**

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## **Duration**

0 Years

## **Credits**

5 ects

## **Presentation**

The intensive course in Football: New Methodological Practices in the Development of Contemporary Footballers aims to provide national and international students/coaches with qualified professional specialization in the field of Sports Training in Football. It is particularly important to promote reflection and the development of solid pedagogical, conceptual, methodological, organizational and sporting principles in the area of contemporary soccer, as well as new contextualized practices that safeguard the best interests of the athlete in their integral and multidimensional training.

# STUDY PLAN

## 1st Year / Common Core

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Anual	ects
Soccer Training Methodology	5

Linha direta  
para o teu futuro



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